



Cover Photo:

Photo taken during the 2012 Safe and Sound Sammamish event. This unique event allows kids and parents to interact

with the City's first responders: police officers, firemen and women, 911 operators, search and rescue, and many more. Entertainment, activities and food provided. This event takes place this year on August 6 2-5pm at the Sammamish Commons Plaza.

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Parks Commission Members

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Mary Doerrer Hank Klein Loreen Leo

Krist Morritt Cheryl Wagner Steve Wright

City Council Members

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Councilmember · John Curley
Councilmember · Don Gerend
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Councilmember · Tom Vance
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Staff

Ben Yazici, City Manager
Jessi Bon, Parks and Recreation Director
Linda Frkuska, Deputy Parks and Recreation Director
Sevda Baran, Project Manager
Lynne Handlos, Recreation Coordinator
Kellye Hilde, Parks Project Manager
Janie Jackson, Administrative Assistant
Mike Keller, Parks Resource Supervisor
Anjali Myer, Parks Project Manager
Joanna Puthoff, Facility Coordinator
Dawn Sanders, Volunteer Coordinator





Fourth on the Plateau Fireworks Celebration

Thursday, July 4 6-11pm Sammamish Commons, FREE Presented by city of Sammamish & Swedish Hospital



Join us in celebrating our seventh year of fireworks at the annual Fourth on the Plateau. Enjoy delicious food, bring the kids to the fun-filled kids play area, and dance to hit tunes at the main stage while awaiting the live fireworks display.

6-8pm @Five, a "Seattle Soul Stew" band 8-10pm The Beatniks, 60s and 70s Rock and Roll 10pm Fireworks!

Sammamish Earth Day Celebration

Saturday, April 20 2013 10am–1pm Sammamish Lower Commons – FREE Sponsored by Republic Services and Sammamish Plateau Water & Sewer. Join city of Sammamish



as we celebrate Earth Day at the community garden in the Lower Commons. Visit with vendors, help with volunteer projects, and see the progress of our first community garden. There will be several vendors on-hand with information on how you can be more "earth friendly" at your own home. Kids activities also available.

Sammamish Disaster Preparedness Fair

Saturday, April 27, 9am - 3pm Sammamish City Hall, FREE

This event provides practical information, training, hands-on demonstrations and a place for families to purchase safety and preparedness products. Exhibitors are invited to participate in the eighth annual Sammamish Disaster Readiness Fair. Please contact Kent Kiernan at ktkiernan3@comcast.net for more information. This year's fair is sponsored by the Sammamish Citizens Corps, the city of Sammamish, and Eastside Fire and Rescue.

TeenFest Skate Competition & Battle of the Bands

Friday, June 14 3:30-9pm

Sammamish Commons Skate Park, open to the public Skate competitors ages 13-20 must register in advance \$5/residents; \$10/non-residents. Helmets are required to compete. Registration opens at 2:30pm; competition starts at 3:30pm. The Boys & Girls Club will be sponsoring a Battle of the Bands immediately following the skate contest. Music starts at 6pm. Admission is FREE. Sign up to battle with other local bands or just come and watch your favorites. Register to audition by going to sammamishex3.org.

Celebrate Sammamish on Aug 10

Sammamish Cultural Days

Saturday, August 10, 10am–2pm Sammamish Commons Plaza, FREE Presented by the city of Sammamish & Swedish Hospital, sponsored by Waste Management



This ethnically diverse event offers something waste management for all ages. Listen to music, watch performers and create crafts from all over the world. This event proudly offers the only food truck rodeo located on the Eastside! Event is free. Food and gifts are available for purchase.

Challenge Series Race of Sammamish

Saturday, August 10, 9am–1pm
Discovery Elementary School
Join the fun and give support for the 2013
Sammamish Rotary Club Challenge Day
Race. This annual event provides about 24



physically and/or mentally challenged children a chance to race soapbox-derby-style gravity cars down SE 24th Street. Community sponsors help finance the event, and extra funds are donated to Life Enrichment Options, a local nonprofit that helps people with developmental disabilities. The event ends with a picnic and trophy presentations to the racers. For more information, go to sammamishrotary.org.

Adventure Race to Understand Autism

Saturday, August 10, 9am–1pm Presented by Autism Speaks

This adventure race supplies you with a list of clues to solve and sends you on your way to find multiple challenges that simulate issues



individuals living with autism face daily. Learn about autism while navigating Sammamish in this one-of-a-kind race. For more information and to register, go to www.facebook.com/autismspeaks.seattle.

Sammamish Nights

Saturday, August 10 Sammamish Commons

Enjoy wonderful food, excellent wines and live music on the plaza in the Commons.
Watch the sunset and the stars while listening to music in one of the most beautiful outdoor



settings in the city. Darren Motamedy, jazz artist, will be joining us again. Must be 21 or over to attend. Purchase tickets at www.SammamishChamber.org

Concerts in the Park

Thursdays, 6:30-8pm Pine Lake Park, FREE

PLATEAU JEWELERS

Co-Sponsored by Plateau Jewelers BBQ dinner available for purchase by Sammamish Rotary and ice cream from Sammamish Kiwanis

July 11	Mulligans Rock, Classic Rock and Roll
July 18	Creme Tangerine, Beatles Tribute
July 25	Chance McKinney, Modern Country
August 1	The Tropics! Classic Rock and Roll
August 8	Cherry Cherry, Neil Diamond Tribute
August 15	Petty Fever, Tom Petty Tribute
August 22	Sammamish Symphony, Tall Ships
August 29	North Country, Bluegrass

Seattle and Wooden O Shakespeare Plays

Saturdays, 7-8:45pm
Pine Lake Park, FREE
Bring a low-back chair or blanket
Co-sponsored by the Sammamish Arts Commission

July 20 Henry V July 27 The Tempest

Kiwanis KidsFirst! Series

Tuesdays in July and August



Co-sponsored by Kiwanis & Friends of the Library

July 9	12pm	Beaver Lake Park
July 23	12pm	East Sammamish Park
July 30	1pm	Sammamish Commons Plaza
August 13	1pm	Sammamish Commons Plaza
August 20	12pm	Ebright Creek Park
August 27	1pm	Sammamish Commons Plaza

Safe & Sound Sammamish

Tuesday, August 6 2-5pm Sammamish Commons Plaza, FREE Presented by Republic Services Visit with the Sammamish Police Department at our annual community and awareness fair. This year's event features Two Time Guinness



World Record Holder, Louie Foxx, award-winning magician. Be amazed by magic tricks and juggling using things normally found underground. You will even learn a trick you can share with your friends. In addition, this event also kicks off National Night Out, a neighborhood organized safe evening out with neighbors at your local police force. Be sure to sign up your neighborhood at sammamishcitizencorps.com. The Radio Disney AM 1250 Road Crew will be on-site with prizes and interactive entertainment for the whole family. For more information about Radio Disney, log onto www.radiodisney.com.



The Second Annual Boys & Girls Club Sammamish 10K/5K!

Sunday, May 5

EX3 Teen & Recreation Center

Take a run through beautiful Sammamish on May 5 and support the Redmond/Sammamish Boys & Girls Club and Sammamish EX3 Teen & Recreation Center. The event will start and finish at the Teen Center, and will include a Fun Run for youth ten and under as well as sponsor and vendor booths at the Teen Center. For more information and to register, volunteer, or become a sponsor or vendor visit www. SammamishRun.com.

Send Your Bike to Africa!

Saturday, May 4 City Hall, 9am-1pm



In Ghana, most walk - lucky ones ride a bike to work, school and market. Donate your bike to ARAS, a local non-profit foundation supporting the Village Bicycle Project. All bikes and bike parts accepted – no tricycles or severely rusted bikes. Volunteers are needed from 8:30am – 5pm. For early drop-off or volunteer information contact Mary Trask at 425.868.8448 or mary@arasfoundation.org.



Sammamish Farmers Market

Wednesdays, May 15 – September 25, 3-8pm This season will include new farmers and a larger market plus local entertainment.

Sammamish Walks

Third Saturdays, May – October, 10am Walk leaders will focus on native plants, wildlife and plateau history as they guide you along the wooded trails in and around our city. For more information, and to sign up, go to www.sammamishwalks.org and make sure to 'like' our Facebook page https://www.facebook.com/SammamishWalks



Nightmare at Beaver Lake

Sunday, June 9, 2013 Beaver Lake Park Pavilion Starts at Noon



Volunteer picnic for old and new Nightmare volunteers! If you're interested in volunteering as an actor, or in the ticket booth, line control, driving a van or other operational functions, come and meet the producers: Rotary Club of Sammamish, Scare Productions and the City of Sammamish. Free Food! Games! Free Improvisational acting class taught by the masters of Scare at 2 p.m. For more information contact volunteer@sammamishrotary.org. Nightmare at Beaver Lake opens October 18th.

Jump on Board - A Skateboard - Exhibit

April 1 – June 30 Sammamish City Hall Gallery A celebration of the art of the skateboard and the art of the sport. Boards, Board Design, photography and memorabilia.

Calling All Poets (and poetry lovers) – Poetry Reading

Tuesday, April 2 – 6:30pm Sammamish Library

Featuring Washington State Poet Laureate, Kathleen Flenniken and Michael Dylan Welch, Vice President of the Haiku Society of America, reading their poems followed by a community open poetry reading. Poets of all ages are encouraged to come and share their own poems!

Harmony - Concert

Tuesday, April 23 – 7:30pm Sammamish Presbyterian Church

We have a special treat in store for our fourth annual Simple Measures concert. Simple Measures will be joined by the new concertmaster of the Seattle Symphony, the wonderful violinist Alexander Velinzon. He will join the Krishnaswami-Salman duo for a concert of duos and trios which will explore harmony through the centuries, culminating in Beethoven's great Archduke trio in its entirety. You won't want to miss this evening of sublime music making! Alexander Velinzon, violin Rajan Krishnaswami, cello Mark Salman, piano.

"Au-some Artists!" Come and Create with Special Arts Sammamish

A free event for special needs students of Sammamish April 20, 1-3pm, EX3 Teen Center

Our "Au-some Artists" will enjoy a fun and creative day of Art ~ Imagination ~ and Lots of Smiles! Together we will create your "masterpiece" with some unusual "tools"! Paint the music ~ play an instrument make a unique print...and maybe a new friend! Preregistration is required with agubata@sammamish.us.

Art For Seniors in Sammamish

10am–12pm EX3 Teen Center

Thursday, May 9 & 16 "Touch Painting" with instructor Gail Baker

Thursday, May 23 & 30 "Block Printing" with instructor Leslie Nan Moon Registration includes all four sessions. Sessions are free and open to Sammamish Residents 55 and older.



To register contact: agubata@sammamish.us.

ACT Theatre – "Assisted Living"

Community Play Reading

Thursday, May 2 – 7pm Sammamish Library

Sammamish residents are invited to participate as readers for this thought provoking comedy.

Written by Katie Forgette

Joe Taylor, a retired actor, moves into a prison-turnedelder-care facility shortly after the demise of Medicare and discovers a community of loveable, irascible inmates hell-bent on bucking the dehumanizing system in which they have landed. Together, this band of aging misfits rediscovers purpose and dignity in the face of a system mightily stacked against them. A delightful, world premiere comedy with bite from Seattle native Katie Forgette, that dares to confront the issue of aging in America. Here are the cast requirements:

- Kevin, (25 to 35) aspirations exceed opportunities and perhaps intellect.
- Beatrice "Judy" Hart, (65+) ill, but not so that you would necessarily notice.
- Wally Carmichael, (65+) cranky mush-pot.
- Nurse Claudia, (30-45) re-energized in her role as a nurse now that personal responsibility is the new slogan in health care. Speaks quickly and with authority.
- Mitzi Kramer, (65+) former nurse, now resident; declining health but not kindness. Her speech is fluid and bright. At certain moments, may appear pixilated.
- Joe Taylor, (65+) loyal, tenacious.

To volunteer to be a reader please contact: kristina. sutherland@acttheatre.org.



East Meets West through Art, Poetry and Revolutions – Exhibit

July 8 through September 30 Sammamish City Hall

This four-person exhibition will provide insight into the similarities and stark differences in the experiences of the Chinese and Chinese Americans during turbulent times. In addition to the exhibition, a reception will be held in the fall, open to the general public, where the artists will present their work in lecture and slide format.

Reservations

The city of Sammamish has many rental facilities available for your use and enjoyment. A completed application is needed to reserve a facility, field or shelter. Applications are available online at www.sammamish.us, and at City Hall. Once your application is submitted, a staff person will be in touch to finalize and confirm your rental.

Please contact the facility rental desk at <u>rentals@sammamish.us</u> or 425.295.0730 for more information and to check availability. The rental desk is staffed Monday - Friday 9am - 1pm. Ask about our non-profit & last minute discounts.



COMMONS HALL · 801 228th Ave SE

Commons Hall, within Sammamish City Hall, features a generous floor plan, high ceilings, and large windows showcasing the natural beauty of the Commons. The glass door between the gallery and the main hall may be opened, transforming the space into one large room. The main hall is 2,000 sq. ft., the gallery is 2,500 sq. ft. with a 200-person standing capacity. Furniture available for your use includes round tables, rectangular tables and chairs. Commons Hall is available for private rentals on the following days: Fridays 5pm-midnight, and Saturdays and Sundays from 8am - midnight. There is a 150 person event capacity.

	Resident	Non-Resident	Hr. Min.
Weekend	\$101.50/hr.	\$203/hr.	6
Damage Deposit	\$500	\$500	•



LODGE AT BEAVER LAKE · 25201 SE 24th Street

Overlooking Beaver Lake and surrounded by open grass areas, the Lodge offers a rustic log-cabin feel and quiet atmosphere that works for any occasion. The 1,850-sq-ft main room accommodates 150 people seated and has a gas fireplace. The kitchen includes a convection oven, stove top/oven, double-size refrigerator and ice machine. Rental also includes use of round tables, rectangular tables and chairs. The Lodge is available for rent Mon-Thurs 8am - 10pm and Fri-Sun 8am - midnight.

		Resident	Non-Resident	Hr. Min.
Weekday	,	\$51/hr.	\$101.50/hr.	2
:Weekenc	1	\$178/hr.	\$203/hr.	6
Damage	Deposit	\$500	\$500	
			• • • • • • • • • • • • • • • • • • •	



BEAVER LAKE PAVILION · 25103 SE 24th Street

This 2,500 sq. ft. open-air facility boasts high ceilings, an unbeatable lake view and a large, open fireplace. This facility works great as a stand-alone rental and also serves as a fantastic complement to the facility for events held at the Lodge at Beaver Lake. Six picnic tables and a barbecue grill are available for your use. The picnic tables may be moved to accommodate the needs of your group. The Pavilion is available for rent Mon-Sun 8am - dusk.

	Resident	Non-Resident	Hr. Min.
Weekday	\$20.50/hr.	\$41/hr.	2
Weekend	\$30.50/hr.	\$61/hr.	2
Damage Deposit	\$250	\$250	•

PICNIC SHELTERS · Beaver Lake Park ~ 2526 244th Ave SE
East Sammamish Park ~ 21300 NE 16th & 214th Ave NE
Ebright Creek Park ~ 1317 212th Ave SE
Pine Lake Park ~ 2615 - 228th Ave SE
Lower Commons Park ~ 550 222nd PI SE

Shelter rental includes exclusive use of the covered area and shelter tables. All other park amenities are open for public access. If shelters are not reserved, they are available on a first-come, first-served basis. Shelters are available March-September 9am - dusk.

			Resident	Non-Resident
Ebright Creek & Pine Lake	Half-Day	9am – 2pm	\$101.50	\$254
•	Full-Day	9am – 8pm	\$152.50	\$381
Beaver Lake, Commons &	Half-Day	9am – 2pm	\$81.50	\$203
East Sammamish	Full-Day	9am – 8pm	\$122	\$304.50



NATURAL TURF FIELDS · Beaver Lake Park ~ 2526 244th Ave SE East Sammamish Park ~ 21300 NE 16th & 214th Ave NE Pine Lake Park ~ 2615 228th Ave SE

The Beaver Lake fields consist of three baseball/softball fields. Base path options include 60 foot and 65 foot. East Sammamish Park includes two baseball/softball fields and one soccer field. The baseball/softball fields base path options include 60 foot and 65 foot. The ESP soccer field is standard size. Pine Lake has one field that can be used for either baseball/softball or soccer. The Pine Lake baseball/softball field has 60 foot base paths and the soccer field is standard size. All natural turf fields are available daily 9am - dusk.

	Fees	Hr. Min.	
; Youth	\$15.50/hr.	2	
Adults	\$25.50/hr.	2	•
Field Prep	\$40 per prep		•

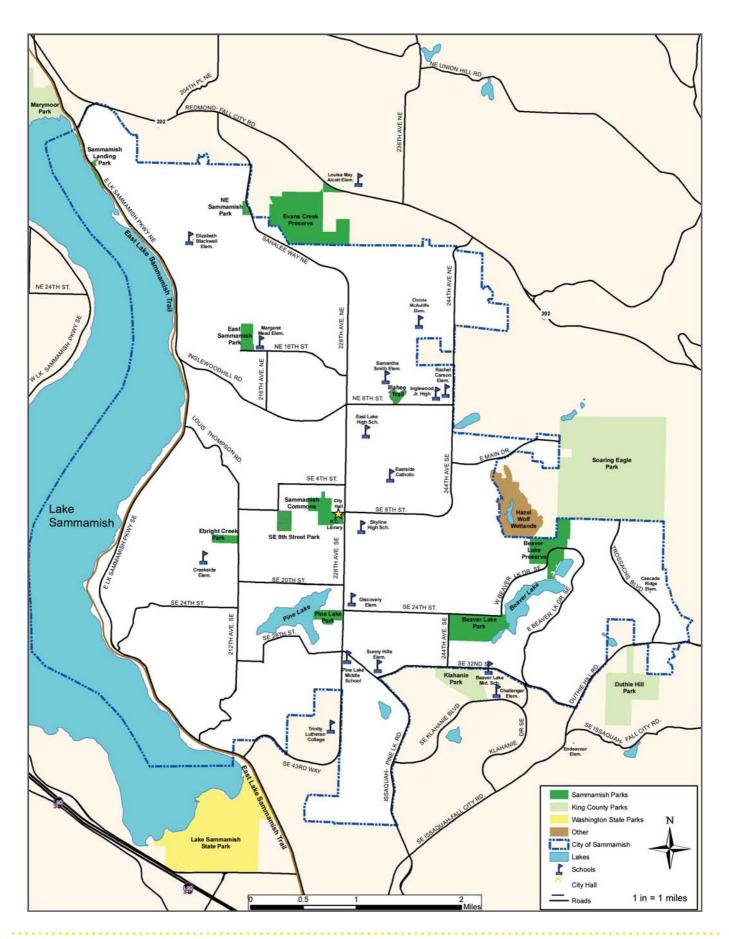


ARTIFICIAL TURF FIELDS · Eastlake Community Fields ~ 400 228th Ave NE Skyline Community Fields ~ 1122 228th Ave SE

Four artificial turf fields are available through partnerships between the City of Sammamish, the Lake Washington School District and the Issaquah School District. All four fields are lighted and lined for multiple sports, including baseball (up to 90 foot base paths), softball (up to 60 foot base paths), men's and women's lacrosse, football and soccer. The fields are available for reservation through the city Mon-Fri 5:15-9pm; and on Saturdays, Sundays and during the summer 9am - 9pm.

	rees	Hr. Min.
, Youth	\$56/hr.	2
Adults	\$81.50/hr.	2
Field Lights	\$20/hr.	





	Beaver Lake Part	Beaver Lake Pres	East Sammamin	Eastlake Com	Ebright Creek B	Evans Creek P. 40000 SE	Illahee Park T. Redmon	NE Sammamier	Pine Lake Park	Sammamish C	Sammamish Land	SE 8th Street S	Skyline Community 5.
Acres	83	76	19	6	12	179	8	6	19	25	8	16	4
Barbecue Grill	Χ		Х		Χ				Χ	Х	Х		
Baseball/Softball Field	Χ		Χ	X					Χ				X
Basketball Court					Χ			Χ	Χ	Χ			
Beach	Χ								X		Χ		
Climbing Wall					Χ				Χ	Χ			
Fishing	Χ								Χ		Χ		
Football Field				X									Χ
Indoor Rental Facility	Χ									Χ			
Lacrosse Field				Χ									Χ
Off Leash Dog Area	Χ												
Orienteering	Χ												
Picnic Shelter	Χ		Χ		Χ				Χ	Χ	Χ		
Play Structure	Χ		Χ		Χ			Χ	Χ	Χ			
Restroom Facility	Χ	Χ	Χ	Χ	Χ	Χ		X	Χ	Χ	Χ		
Skate Park										Χ			
Soccer Field			Χ	Χ					X				X
Tennis Court			Χ		Χ			Χ					
Trails	Χ	Χ	Χ		X	Χ	X		Χ	Χ	Χ	Χ	
Wildlife Viewing Area	Χ	X			X	Χ	Χ			Χ	Χ	Χ	

^{**} Lifeguards June 15 - Sept. 2, 12 noon to 7pm

Information about renting shelters, fields or indoor facilities, including fees, is online at http://www.sammamish.us/Rentals.aspx. To contact the Facility Rental Desk call 425.295.0730 or email: rentals@sammamish.us.

BOATING & BOAT LAUNCH INFORMATION

Download fishing rules & regulations pamphlet and purchase license online at http://wdfw.wa.gov/fishing/index.html.

Beaver Lake

- No internal combustion motors
- Fishing allowed year round
- No license required if under 14
- Driving Directions: From SE Issaquah Beaver Lake Road take E. Beaver Lake Dr. SE. Travel approx 1/2 mile and turn left on the continuation of EBLD SE. Boat launch area is appx. 0.1 miles on the left.
- Vehicle use permit required at all WDFW water access sites purchase No license required if under 14 permit at https://fishhunt.dfw.wa.gov/

Pine Lake

- No internal combustion motors
- Fishing allowed last weekend in April to the end of October only
- Car-top launch only. LAUNCH IS INTENDED FOR CANOES & KAYAKS. There is no parking allowed for boat trailers.

Ī	MAY SUN.	MON.	TUE.	WED.	THURS.	FRI.	SAT.
				1	2 ACT Theatre reading	3	4 ARAS Bike Drive for Africa
	5 Boys & Girls Club Run	6	7	8	9	10	11
			14	15 Farmers Market	16	17	18 Sammamish Walks
	S. S. A. Liso		21	22 Farmers Market	23	24	25
			28	29 Farmers Market	30	31	

JUNE. SUN.	MON.	TUE.	WED.	THURS.	FRI.	SAT.
1	P					1
		4	5 Farmers Market	6	7	8
Nightmare Volunteer Picnic Sammamish Symphony	10	11	12 Farmers Market	13	14 TeenFest	15 Sammamish Walks
16	17	18	19 Farmers Market	20	21	22
23/30	24	25	26 Farmers Market	27	28	29

JULY	MON.	TUE.	WED.	THURS.	FRI.	SAT.
	1	2	3 Fourth on the Plateau	4		
7	8	9 KidsFirst! Eric Herman	10 Farmers Market	11 Concert: Mulligans Rock		
14	15	16	17 Farmers Market	18 Concert: Creme Tangerine	19	20 Samm. Walks Play: Henry V
21	22	23 KidsFirst! The Brian Waite Band	24 Farmers Market	25 Concert: Chance McKinney	26	27 Play: The Tempest
28	29	30 KidsFirst! Eli Rosenblatt	31 Farmers Market			

AUGU:	ST MON.	TUE.	WED.	THURS.	FRI.	SAT.
	12.4			Concert: The Tropics!	2	3
		6 Safe & Sound Sammamish	7 Farmers Market	8 Concert: Cherry Cherry	9	10 Celebrate Sammamish
		13 KidsFirst! Charlie Hope	14 Farmers Market	15 Concert: Petty Fever	16	17 Sammamish Walks
18	19	20 KidsFirst! Erie Ode	21 Farmers Market	22 Concert: Sammamish Sympony	23 Sammamish Symphony	24
25	26	27 KidsFirst! Alex Zerbe	28 Farmers Market	29 Concert: North Country	30	31

Sportball Multi-Sport Program

Sportball is a dynamic sports program focusing on skill development in eight different sports. This creative, non-competitive and self-esteem-building program prepares all children for a future of confident sports participation. For information and registration, go to http://www.sportball.us.

Day: Thursdays
Dates: Mar 14 – May 2
No classes April 11

Session 1: 12:30 – 1:15pm (16-24 months with adult)

Session 2: 1:15 – 2pm (2-3 years old with adult)

Session 3: 2 – 3pm (3-5 years old)
Session 4: 3 – 4pm (6-8 years old)
Location: Lodge at Beaver Lake

Session Fee: \$98

Sportball Outdoor Soccer

Sportball coaches develop competence and confidence on the field in Sportball soccer classes. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. For safety reasons, parents are required to remain at the field during classes. For information and registration, go to http://www.sportball.us.

Day: Thursdays

Dates: May 9 – June 20

No classes April 11

Session 1: 1:15 – 2pm (2-3 years old)
Session 3: 2 – 3pm (3-5 years old)
Session 4: 3 – 4pm (6-8 years old)
Location: Beaver Lake Park

Session Fee: \$111, includes soccer jersey

Sportball Camp

What a fantastic experience for a child! Available in morning or afternoon half-day sessions. Sportball camps focus on eight core sports: hockey, soccer, tennis, baseball, basketball, volleyball, golf and football. Arts and crafts, snack time, stories, music, co-operative games and theme days are also included. Camps are run indoors and outdoors, depending on the location and weather. For information and registration, go to http://www.sportball.us.

Day: Mon-Fri

Session 1: July 22 – 26, 1– 4pm Session 2: August 19 – 23, 9am–12pm Location: Beaver Lake Park & Pavilion

Session Fee: \$140

Lil' Kickers

Lil' Kickers is a child development program filled with creativity, high energy coaches and loads of fun. Classes are all divided by age groups so your child will get developmentally appropriate instruction. Lil' Kickers builds strong fundamental physical, social, and gross motor skills, as well as teaches teamwork in an atmosphere where kids are successful and learning is fun. For information or registration, go to www.arenasports.net or call 425-885-4881.

18 months – 7 years Age: Tuesday & Thursday Day: Months: June - September 9:30 - 10:20am Session 1: Session 2: 10:30 - 11:20am Session 3: 11:30am - 12:20pm Session 4: 12:30 - 1:20pm Location: East Sammamish Park

Fee: \$13.50/Class

Annual membership of \$48

Jump Rope Camp

Get ready to JUMP! In this fast paced, action-packed jump rope camp you can expect to sweat! You will learn single rope, long rope and group skills & tricks...working your way up to double dutch! From the first activity at camp to the last we will be working together to design a choreographed jump rope routine to show off at the end of camp. Please wear sneakers, clothes for activity and bring a refillable water bottle. For information or registration, go to http://www.nwdoubledutch.com or email nwdoubledutch@gmail.com.

 Age:
 5 - 7 year olds

 Days:
 Mon - Fri

 Session:
 July 8 - 12

 Time:
 1 - 4pm

Location: Lodge at Beaver Lake

Fee: \$135

Fundamental Football Skills Training

Structural Sports offers this non-contact football training program designed to build a solid foundation of skills for athletes interested in football. We teach athletes the proper way to perform the fundamental skills and give them the opportunity to get in the repetitions needed to build muscle memory. They do all this in a fun, non-contact environment with other athletes their own age. For more information about the different types of programs we offer and to register for trainings, please visit us at www.structuralsports.com.

Age: 2nd – 6th graders Sessions: Begin Mid-May

Location: Skyline Community Fields

Fee: \$20-45 per class

Multiple class discount packages available

To Infinity and Beyond

From our Earth's atmosphere to the outer reaches of our solar system, this camp sends you on a quest for exploration. Explore the farthest reaches of our solar system and create a lunar eclipse. Steer a laser beam through a laser maze and find hidden mountains using the principles of radar technology and discover everyday objects that were originally designed for use in space. Watch star dust burn and journey through a soapy galaxy as you investigate the life cycle of stars. See comets up close as one is formed before your eyes and take home your very own Catch-a-Comet! Finish up your week by launching a "Rocket to the Stars". For information or registration, go to www. MadScienceFUN.com, email MadScience@MSofKC.com or call 425-556-0800.

Age: K - 6th grade
Day: Monday - Friday
Session: July 8 - 12

Time: 9am – 12pm Location: Lodge at Beaver Lake

Fee: \$157

Machine Mania

Domes and bridges and robots...Oh my! Get ready to build some super structures and amazing machines. You'll make an earthquake proof building from toothpicks and marshmallows. Build a giant geodesic dome, out of newspapers, big enough for you and all your friends. We'll explore simple machines like levers, see where levers exist all around us, and even learn how we can make ourselves into levers! For information or registration, go to www.MadScienceFUN.com, email MadScience@MSofKC.com or call 425-556-0800.

Age: K - 6th grade
Day: Monday - Friday
Session: July 22 - 26

Time: 9am – 12pm Location: Lodge at Beaver Lake

Fee: \$157





Our Planet Earth

Become a caretaker of the Earth, and get a hands-on look at ways to help reuse our garbage, re-use what we cannot reduce, and create ways to recycle. Discover solar science and learn how the sun produces energy to grow our food, heat our homes and even cook our food. Take a walk on the wild side and take a peek into the natural world and get down to nature on a microscopic level by going to a "micro trail". Then, take to the sky as we become Owl-ologists! For information or registration, go to www.MadScienceFUN.com, email MadScience@MSofKC. com or call 425-556-0800.

Age: K - 6th grade
Day: Monday - Friday
Session: July 29 - August 2
Time: 9am - 12pm
Location: Lodge at Beaver Lake

Fee: \$157

Camp Brainiac

The Scientist is not a person who gives the right answers, they are the ones who ask the right questions. What do Leonardo Da Vinci, Alexander Graham Bell, Steve Jobs, Bill Gates and YOU all have in common? All are scientists who, in different ways, asked "why" and followed up with research, and experiments, and then invented something amazing. We will examine inventions of the past, and create our own inventions for the future. You will also apply for, and receive, your very own patent. Equipped with our five senses, we explore the universe around us and call the adventure Science. For information or registration, go to www.MadScienceFUN.com, email MadScience@MSofKC.com or call 425-556-0800.

Age: K - 6th grade
Day: Monday - Friday
Session: August 19 - 23
Time: 9am - 12

Time: 9am – 12pm Location: Lodge at Beaver Lake

Fee: \$157

Sammamish Girl Scout Day Camp

Develop Girl Scout skills include fire, cooking, nature, knots, knives, orienteering and first aid while having fun in the outdoors, playing games and singing. Small groups of 10-15 girls are lead through week long activities by a unit leader and an adult counselor. For information or registration, email samdaycamp@comcast.net or call 425-427-2740.

Age: Girls entering K - 7th grade

Day: Monday – Friday
Session: August 5 - 9
Time: 9am - 4pm
Location: Beaver Lake Park

Fee: \$135

Girl Scouts receive a \$10 discount

Stroller Strides®

Stroller Strides® is a total fitness program for moms with little ones in strollers. It includes cardio and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by certified and specially trained fitness instructors, it is a great workout for any level of exerciser. Your first class is FREE! For information and registration, go to http://www.strollerstriders.com/ or email ninaandien@strollerstrides.net.

Day: Monday & Wednesday

Session: Ongoing Time: 9am - 4pm

Location: Lodge at Beaver Lake May & June

Beaver Lake Pavilion July & August

Fee: \$18 per class

\$59 plus tax monthly membership

Punch passes available



Strength and Endurance

Increase your strength and endurance through boot camp style cardiovascular exercises, strength training, and core workouts. The instructor has been a fitness and sports trainer for over 30 years with certifications through the National Strength and Conditioning Association and the American College of Sports Medicine. For information and registration, go to www. thatexerciseguy.com, email thatexerciseguy@msn.com or call 206-619-0354.

Age: Adults

Day: Tuesday & Thursday

Session: Ongoing Time: 6 – 7pm

Location: Beaver Lake Park Fee: Drop in: \$30

Month: \$140

Tai Chi

Tai Chi is a combination of gentle movement, visualization, breathing and mindfulness with roots in both Oriental Medicine and martial arts. Learn step-by-step ways to relieve stress, improve balance, increase strength and enhance flexibility with Certified Tai Chi for Health Instructor and Qi Gong Master Deborah Magallanes. Classes are offered both Mondays and Wednesdays so feel free to come one or two days a week. For information and registration, contact Deborah at 206-550-4908 or WudangMtn@gmail.com.

Age: Adults
Day: Monday
Session: Ongoing
Time: 1:15 – 2:15pm

Location: Lodge at Beaver Lake May & June

Beaver Lake Pavilion July & August

Fee: \$12 per class \$72 for 8 classes

Day: Wednesday
Session: Ongoing
Time: 12 – 1pm

Location: Lodge at Beaver Lake May & June

Beaver Lake Pavilion July & August

Fee: \$12 per class

\$72 for 8 classes



3-6th Grade Basketball

Grades: 3rd-6th

Season: April 15– June 8

Practices: Time and location determined

by your coach

Games: Saturdays at Evergreen Junior High or

Inglewood Junior High

HighFee: \$75 + Membership

Girls Spring Volleyball

Grades: 4-9th

Season: March 25 – June 6
Games: Monday or Thursday

Practices: Time and location determined

by your coach

Location: Redmond B&G Club

or Kirkland B&G Club

Fee: \$75 + membership

Track & Field

Grade: 1st-6th

Season: April 16 – June 13

Practice: Tuesday & Thursday at Evergreen Jr. High

or Tolt Middle School

Fee: \$70 + Membership

T-ball

Grades: Pre-K & Kindergarten
Season: March 25 - May 29

Practices: Time and location determined

by your coach

Games: Emily Dickinson Elementary or Kirkland Boys

& Girls Club

Fee: \$70 + Membership

The Second Annual Boys & Girls Club Sammamish 10K/5K!

Sunday, May 5

EX3 Teen & Recreation Center

Take a run through beautiful Sammamish on May 5 and support the Redmond/Sammamish Boys & Girls Club and Sammamish EX3 Teen & Recreation Center. The event will start and finish at the Teen Center, and will include a Fun Run for youth ten and under as well as sponsor and vendor booths at the Teen Center. For more information and to register, volunteer, or become a sponsor or vendor visit www.SammamishRun.com.



Summer Sports Camps – Registration starts April 1!

Challenger Sports Camps were founded by the Redmond/Sammamish Boys & Girls Clubs to promote participation, teamwork, and skill-development through individual sports instruction. Camps include Basketball, Baseball, Tennis, Flag Football, Soccer, Volleyball, Dodgeball, Cheer & Dance. Camp staff will teach fundamentals and new skills to participants, while maintaining a positive environment. Campers will be divided into groups according to age and ability level. Each camp will have a 10:1 ratio of participants to staff.

(Ages 6-12) - \$125 for 9am-12pm camps \$145 for 9am-3pm camps

Rental Information

The teen center is a great place for parties (all ages), auctions, meetings and other special events. The facility is a large open room, has several meeting rooms, a tech lab, kitchen, pool tables & gaming equipment, sound system & stage, flat screen TVs and more. Find our rental agreement on our website at www.SammamishEX3.org or contact Meaghan Jowdy at mjowdy@positiveplace.org or 425.250.4783 for more information or to book an event.

SKYHAWKS SUMMER SPORTS CAMPS

Skyhawks Sports offers countless ways for 3 to 14 year olds to grow through **Safe, Fun** and **Skill-focused Skyhawks Sports** camps. To register your child for one or several of the eleven different sports they offer, visit **www.skyhawks.com** or call **(800) 804-3509**. Sign up before they fill up.



Soccer					
SSA46817	7/8 - 7/12	9:00am - 12:00pm	ages 5-7	\$104	Eastlake Community Field 1
SSA44713	7/8 - 7/12	9:00am - 3:00pm	ages 7-12	\$149	Eastlake Community Field 1
SSA46819	7/22 - 7/26	9:00am - 12:00pm	ages 5-7	\$104	Eastlake Community Field 1
SSA47637	7/22 - 7/26	9:00am - 3:00pm	ages 7-12	\$149	Eastlake Community Field 1
SSA46818	8/5 - 8/9	9:00am - 12:00pm	ages 5-7	\$104	Eastlake Community Field 1
SSA45102	8/5 - 8/9	9:00am - 3:00pm	ages 7-12	\$149	Eastlake Community Field 1
Tiny-Hawk	Soccer				
SSA47636	7/8 - 7/12	1:00pm - 1:45pm	ages 3-4	\$35	Eastlake Community Field 1
SSA46820	7/22 - 7/26	1:00pm - 1:45pm	ages 3-4	\$35	Eastlake Community Field 1
SSA46821	8/5 - 8/9	1:00pm - 1:45pm	ages 3-4	\$35	Eastlake Community Field 1
Basketball					
SSA44904	6/24 - 6/28	9:00am - 3:00pm	ages 7-12	\$149	Pine Lake Middle School - Gym
SSA45638	7/15 - 7/19	9:00am - 3:00pm	ages 7-12	\$149	Pine Lake Middle School - Gym
SSA47292	7/29 - 8/2	9:00am - 3:00pm	ages 7-12	\$149	Pine Lake Middle School - Gym
SSA47623	8/5 - 8/9	9:00am - 12:00pm	ages 6-8	\$104	Inglewood Middle School - Gym
Baseball					
SSA44808	8/12 - 8/16	9:00am - 3:00pm	ages 6-12	\$149	Beaver Lake Park Field 1, 2 & 3
Flag Footl	pall				
SSA50506	7/1 - 7/3	9:00am - 3:00pm	ages 7-12	\$99	Eastlake Community Field 1
SSA47635	7/29 - 8/2	9:00am - 3:00pm	ages 7-12	\$149	Beaver Lake Park Field 1







SSA50473	7/8 - 7/11	5:00pm - 6:30pm	ages 5-7	\$59	East Sammamish Park – Tennis Courts
SSA50474	7/15 - 7/18	5:00pm - 6:30pm	ages 5-7	\$59	East Sammamish Park – Tennis Courts
SSA50475	7/22 - 7/25	5:00pm - 6:30pm	ages 5-7	\$59	East Sammamish Park – Tennis Courts
SSA50476	7/29 - 8/1	5:00pm - 6:30pm	ages 5-7	\$59	East Sammamish Park – Tennis Courts
Tennis					
SSA44792	7/8 - 7/12	9:00am - 12:00p	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA45759	7/8 - 7/12	1:00pm - 4:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA45548	7/15 - 7/19	9:00am - 12:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA47241	7/15 - 7/19	1:00pm - 4:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA46043	7/22 - 7/26	9:00am - 12:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA46044	7/22 - 7/26	1:00pm - 4:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA47646	7/29 - 8/2	9:00am - 12:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA47647	7/29 - 8/2	1:00pm - 4:00pm	ages 7-14	\$104	Skyline High School – Tennis Courts
SSA46823	8/5 - 8/9	9:00am - 12:00pm	ages 7-14	\$104	East Sammamish Park – Tennis Courts
SSA46825	8/5 - 8/9	1:00PM - 4:00PM	ages 7-14	\$104	East Sammamish Park – Tennis Courts
SSA46822	8/12 - 8/16	9:00am - 12:00pm	ages 7-14	\$104	East Sammamish Park – Tennis Courts
SSA46824	8/12 - 8/16	1:00pm - 4:00pm	ages 7-14	\$104	East Sammamish Park – Tennis Courts
Beginning	Golf				
SSA46353	6/24 - 6/28	1:00pm - 4:00pm	ages 5-8	\$109	East Sammamish Park - Baseball 1 & 2
SSA45078	7/15 - 7/19	1:00pm - 4:00pm	ages 5-8	\$109	East Sammamish Park - Baseball 1 & 2
SSA47624	8/12 - 8/16	1:00pm - 4:00pm	ages 5-8	\$109	East Sammamish Park - Baseball 1 & 2
Volleyball					
SSA50500	7/1 - 7/3	9:00am - 12:00pm	ages 8-12	\$69	Rachel Carson Elementary
SSA45685	7/15 - 7/19	9:00am - 12:00pm	ages 8-12	\$104	Rachel Carson Elementary
Lacrosse (E	Equipment P				
SSA45199	6/24 - 6/28	9:00am - 12:00pm	ages 7-12	\$114	Skyline Community Field 1
SSA46354	7/22 - 7/26	9:00am - 12:00pm	ages 7-12	\$114	Beaver Lake Park Field 2
Cheerlead					
SSA50471	7/15 - 7/19	1:00pm - 4:00pm	ages 6-10	\$104	Pine Lake Middle School - Commons
Track and					
SSA50503	6/24 - 6/28	9:00am - 12:00pm	ages 6-12	\$104	Inglewood Junior High - Staduim
SSA46045	7/8 - 7/12	9:00am - 12:00pm	ages 6-12	\$104	Inglewood Junior High - Staduim
SSA46826	8/12 - 8/16	9:00am - 12:00pm	ages 6-12	\$104	Inglewood Junior High - Staduim
		seball & Basketba		¢74	Fort Community Deal. Book 1985 114 0 0
SSA44984	7/1 - 7/3	9:00am - 12:00pm	ages 4-6	\$74	East Sammamish Park – Baseball Field 1 & 2
SSA44995	7/15 - 7/19	9:00am - 12:00pm	ages 4-6	\$109	Beaver Lake Park - Pavillion
SSA45150	7/29 - 8/2	9:00am - 12:00pm	ages 4-6	\$109	East Sammamish Park – Baseball Field 1 & 2

	Lifelong Lear	Camps/After School P	Community	Teen Proors	Arts	Aquatics	Health / E:	Youth Sport	dult c.	Outdoor
Boy Scouts Chief Seattle Council 206.725.5200, www.seattlebsa.org/alpine	X	/ O %	/ 0	/ F	4	4	/ I	/ %	/ 4	/ 0
Boys and Girls Club 425.836.9295, www.mypositiveplace.org	Х	Х	Х	Х	Х			Х		
Camp Fire USA 425.885.0477, www.campfire-usa.org	Х	Χ		Х						
Career Solutions Plus 425.868.3345, www.careersolutionsplus.com	Х									
Dance with Miss Sue 425.443.5737					Χ					
Eastlake Little League www.eastlakell.org								Х		
Eastlake Youth Football Association www.eastlakeyouthfootball.org								Х		
Eastlake Youth Lacrosse www.eastlakelacrosse.org								Х		
Girl Scouts of Western Washington 425.614.1126, www.girlscoutsww.org	Χ									
Issaquah Dance Theatre Inc. 425.391.2632					Х					
Issaquah School District 425.837.7000, www.issaquah.wednet.edu	Χ									
Issaquah Soccer Club www.issaquahsoccerclub.org								Х		
Issaquah Swim Team 425.392.3996, www.istsockeyes.org						Х				
Issaquah Youth Lacrosse www.issaquahyouthlacrosse.org								Х		
Karate West 425.391.4444, www.karatewest.com							Χ			
Kinder Mundo LLC 425.802.0160, www.kindermundo.com		Χ								
Kumon Math & Reading Center 425.277.6106, www.kumon.com	X	Χ								
Lake Sammamish Baseball Association www.lakesammbaseball.org								X		
Lake WA Youth Soccer Association 425.821.1741, www.lwysa.org								Х		
Lake Washington School District 425-702-3200, www.lwsd.org	Χ									
Pine Lake Club 425.936.1200, www.columbiaathletic.com		Χ			Χ	Х	X	Х	X	
Pine Lake Community Center 425.392.4041			Х				Χ			
Plateau Club Recreation Center 425.868.2139, www.plateauclub.com		Χ				Х	X			
Sammamish Family YMCA 425.391.4840, www.seattleymca.org	Χ	Χ	Х	Х	Χ	Х	Χ	X		
Sammamish Learning Center 425.313.1545, www.slckids.com		Χ								
Sammamish Library 425.392.3130, www.kcls.org	Х			Χ	Х					
Sammamish Little League www.sammamishlittleleague.org								Χ		
Sammamish Saddle Club www.sammamishsaddleclub.org										Х
Skyline Youth Football Association www.eteamz.com/syfa								Χ		
The Sculptor 425.222.5030, www.sculptorfitness.com							Χ			
True Martial Arts 425.313.9680, www.truemartialarts.com							Χ			

Family Volunteer Days at the Lower Commons -

Join us on the first and third Tuesday of the month for family volunteer days at the Lower Commons. Volunteer from 10am-12pm with your kids, friends, neighbors, grandparents – whomever you like to spend time with. This event is open for all ages – please register on the city web page so we have an idea on how many to plan for.

Saturday, May 18, 9-noon at Sammamish Landing

Visit one of our newer parks and help to clean it up. To reach Sammamish Landing, park on 187th Ave NE. Find the trail to the tunnel that crosses under East Lake Sammamish Parkway. Head south (left) on the East Lake Sammamish Trail for about a 5 minute walk to the shelter. Tools will be provided, but please wear closed shoes (no sandals) and a long sleeved shirt to protect your arms from thorns.

Sammamish Native Plant Stewards – Help lead volunteer projects at Sammamish Parks. Potential stewards are people who are interested in our native plants and plant communities. Sammamish Native Plant Stewards lead events at Lower Sammamish Commons and Illahee Trail and run the native plant salvage program.

Trail Stewards – Help lead volunteer projects to maintain and build trails in Sammamish parks. Requirements include two to three training days with Sammamish Trail Stewards or Washington Trails Association, and help leading four volunteer events per year at our parks. Parks include, but are not limited to; Evans Creek Preserve, Sammamish Landing and the SE 8th Street Park.

Summer Event Volunteers – Volunteers are needed to support the following summer events:

Fourth on the Plateau Safe & Sound Sammamish Sammamish Days & Nights

If you are interested in volunteering for any of the above park or summer events, please contact the city of Sammamish Volunteer Coordinator Dawn Sanders at dsanders@sammamish.us or 425.295.0556.

The Sammamish Community Wildlife Habitat Project

The Sammamish Community Wildlife Habitat Project was created by a local group of Sammamish residents to help the city of Sammamish become a certified Community Wildlife Habitat with the National Wildlife Federation. A Community Wildlife Habitat is where the residents make it a priority to provide habitat for wildlife throughout their community – in individual backyards, on school grounds and in public areas such as parks, places of worship and businesses – by providing the four basic elements that all wildlife need: food, water, cover and places to raise their young. On March 4th 2011, Sammamish officially became a certified Community Wildlife Habitat with the National Wildlife Federation, and became the 51st community in the nation and the 12th in Washington state to have been awarded this certification!

It is a program that includes educating Sammamish residents about sustainable garden practices (such as reducing or eliminating chemical fertilizers and pesticides, conserving water, planting native plants, removing invasive plants and composting), and holding community events (such as restoration work in the city's parks, native plant salvages) and educational seminars and booths- all to make our community healthier for our local residents and wildlife.

Currently, our community has certified the following areas as wildlife habitats:

- 202 residences
- 4 farms
- 1 church
- 8 schools
- 8 city parks
- Sammamish Plateau Water & Sewer District Office
- 4 storm drain sites

For further information, visit our blog at http://www.sammamishwildlifehabitatproject.blogspot.com/

For further information on the NWF's Backyard Wildlife Habitat Certification and to register your own backyard, go to www.nwf. org/gardenforwildlife

Lower Commons Community Garden opens in May!

Sammamish Parks and Recreation is pleased to announce that our very first community garden will be opening in May! Located in the Lower Sammamish Commons Park, a total of 58 plots will be available for community use. If you are interested in signing up for a plot, please observe the following schedule:



April 1 – Applications available at www.sammamish.us and at Sammamish City Hall April 26 – Application are due and plots will be assigned through a lottery system with Sammamish residents receiving priority over non-residents

May 6 – Garden opens (pending completion of construction)

If you'd like to learn more about the garden, or check out the construction in progress, please stop by on April 20 for the city of Sammamish Earth Day Event. You'll have a chance to meet the community garden stewards and learn more about garden operations. The event also includes many other vendors, activities for kids, volunteer events, music and food. The Lower Sammamish Commons Park entrance is located at 550 - 222nd PI SE. The event is from 10am to 1pm. If you have questions about the community garden, please contact the Parks and Recreation Department at 425-295-0585.

TELL US WHAT YOU THINK!

We want to hear your thoughts and opinions on this recreation guide. Is this helpful information? What would you like to see in the next publication? Email us at lhandlos@sammamish.us and let us know what you think.

CITY OF SAMMAMISH

801 - 228th Avenue SE Sammamish, WA 98075 Phone (425) 295-0500 · Fax (425) 295-0600 www.sammamish.us



FAIR PLAY IN COMMUNITY SPORTS ACT

The city of Sammamish complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex. Any questions or comments may be directed to the city of Sammamish Parks and Recreation Director.

The information about programs offered by agencies other than the city of Sammamish contained in this Recreation Guide has not been reviewed by the city for content or accuracy. The city accepts no liability or responsibility for errors contained in that information or for the actual nature of those programs.